



The Retreat



Lunch Menu

BAGUETTES

All served with fries
(NGC option available)

CLUB £8.50

Roast chicken, candied bacon, lettuce, and tomato

HAM AND CHEDDAR £8.25

Homemade ham, mustard mayonnaise, and mature cheddar

TUNA MAYO £6.50

Dolphin friendly tuna, spring onion, and dill mayonnaise

HARISSA HALLOUMI £8.25

with spicy coleslaw (V)

Loaded Nachos Sharers

Corn tortillas, sour cream dip, salsa, guacamole and nacho cheese

TEX-MEX CHEESE £8.95 (V)

SPICY SHREDDED CHICKEN NACHOS £9.95

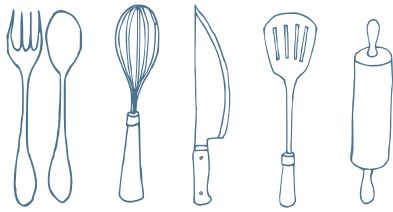
Stacked fries Sharers

Piri-Piri spiced skin on fries with toppings of:

CHEESE AND SALSA £8.95 (V)

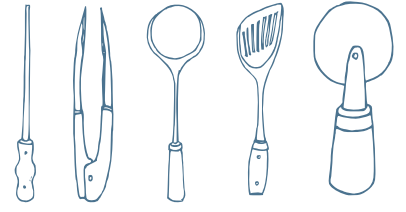
HARISSA CHICKEN AND SPRING ONION £9.95

(V) Vegetarian. (NGC) Non-Gluten Containing. (VG) Vegan. If you have any food allergies or intolerances please speak to our team about the ingredients in your meal when placing your order. FR. 4.21



The Retreat

All Day Menu



Starters and quick bites

DEVON MUSSELS STARTER £8.50

Leek, cider, cream, and sourdough bread
(NGC option available)

CALAMARI £7.50

Dusted squid with garlic mayo

CRISPY CHICKEN STRIPS £5.75

with a whiskey glaze

SOURDOUGH BRUSCHETTA SELECTION £5.50

Olives, sundried tomato, pesto, and Parmesan

HONEY AND SPRING ONION PORK BELLY BITES £5.95

with smoked tomato dip

BREADED MUSHROOM £4.50

with garlic mayo (V)

SALADS AND PASTA

For salads and penne please select a topping of halloumi, garlic field mushroom or chicken breast for **£2.50**

SUMMER SALAD £9.95

Baby leaf spinach, onion, broccoli, beans, and orange
(V) (VG option available)

CAESAR SALAD £9.95

Lettuce, anchovy, croutons, bacon, and classic dressing

PENNE PUTTANESCA £9.95

Rustic pasta dish with tomato, garlic, capers, anchovy, and olive (NGC option available)

SEAFOOD LINGUINE £14.95

Prawns, mussels, and crab with a shellfish sauce

GRILLS

All Grills are served with a traditional grill garnish and fries

8OZ RUMP STEAK £14.95

(NGC option available)

10OZ GAMMON £12.95

with egg or pineapple (NGC option available)

WHOLE PIRI-PIRI CHICKEN TO SHARE £19.95

(NGC option available)

BASKET MEALS

SCAMPI BASKET £7.95

Whole tailed scampi, fries, and tartare sauce
(VG option available)

CHICKEN BASKET £7.50

Crispy coated chicken, fries, garlic, and pepper mayo

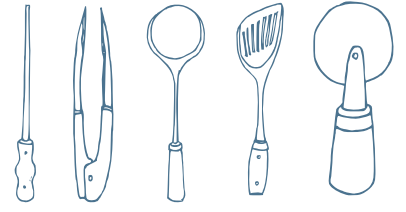
See over for more choices

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The Retreat

All Day Menu



Mains

All burgers served in a sesame seed brioche bun, tomato, lettuce, onion, burger sauce and fries

DEVON RED BEEF BURGER £12.95

Two 4oz Devon cattle patties, cheese, and candied bacon

CHICKEN BURGER £11.50

Spicy coated chicken breast, cheese, and rosti

PLANT BURGER £9.95

Plant based burger patty, vegan cheese, and grilled onion
(V) (VG option available)

FISH AND CHIPS £11.95

Cod fillet in beer batter, tartare sauce, lemon, and pea puree

DEVON MUSSELS £12.95

Leek, cider, cream, and fries
(NGC option available)

HAM, EGG AND CHIPS £9.50

Home cooked ham, brace of eggs and triple cooked chips

Sides

GREEN BEAN, BACON, AND SHALLOT £3.95

(VG option available) (NGC option available)

COLESLAW £2.95 (V)

(NGC option available)

TOSSED SALAD £3.95 (V)

(NGC option available)

SKIN ON FRIES £3.50 (V)

(NGC option available)

TRIPLE COOKED CHIPS £3.50 (V)

(NGC option available)

Desserts

LEMON TART £5.95

Orange shortbread and Chantilly cream (V)

PLUM AND STRAWBERRY FOOL £6.50

Vanilla Stewed plums, marinated strawberries, cream, and granola (V)

ICE CREAM SELECTION £4.95

Please ask you server (V) (VG option available)

TOFFEE SUNDAE £6.95

Vanilla ice cream, toffee crisp, and toffee sauce

CHOCOLATE BROWNIE £4.95

Vanilla ice cream and raspberry coulis
(V) (NGC option available)

STICKY TOFFEE PUDDING £5.50

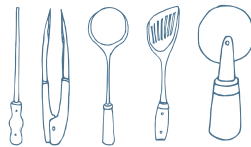
Vanilla ice cream and toffee sauce (V)

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The Retreat



Desserts Menu

PLUM AND STRAWBERRY FOOL £6.50

Vanilla stewed plums, marinated strawberries, cream, and granola (V)

LEMON TART £5.95

Orange shortbread and Chantilly cream (V)

ICE CREAM SELECTION £4.95

Homemade ice cream, please ask you server (V)

TOFFEE SUNDAE £6.95

Vanilla ice cream, toffee crisp, toffee sauce, and cream (V)

CHOCOLATE BROWNIE £4.95

Vanilla ice cream and raspberry coulis
(V) *(non-gluten option available)*

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